

## About

# The Junior Legion

The Junior Legion of Mary is an organization for the spiritual development of persons **under** 18 years of age. The president, and at times the vice president, are experienced Senior Legionaries of Mary. Each group, which is called a praesidium, is under the guidance of a spiritual director. Primarily, the purpose is to train and spiritualize the young members.

### What does the Junior Legion of Mary do?

- Junior Legionaries may teach catechism to young children, visit the sick, contact elementary and high school students in their homes, and supervise younger children.
- In addition, many are engaged in helping their parish priests and other workers doing all sorts of things.
- Work at home must also be done in addition to the weekly assignment.



**How do I start?** You are invited to come and see the Legion from the inside. You can go as a guest if you wish on one of the work assignments with an experienced member. What you will need is a willingness to sacrifice a little of your time and energy for the greatest reason in the world: your love of God.



**Come join our Praesidium:  
*Mary, Hope of the World***

We meet every Sunday  
from 3:30pm to 5:00pm  
downstairs at the  
Blessed Sacrament Parish  
3040 Heather Street

For more information, please contact  
Chai & Cristy Chua at **604-325-3909**



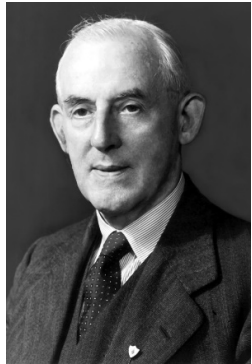
# *Legion of Mary*



*Let Mary, the Mother of God,  
show you the way to get closer to God*

# What is it?

The Legion of Mary is an association of dedicated Catholics serving under Mary, our Mother and Queen. It is the largest organization of lay people involved in apostolic works in the Catholic Church, with well over three million active members in almost every country of the world.



The Legion of Mary was founded by Frank Duff in Ireland in 1921.

## What does the Legion of Mary do?

The object of the Legion of Mary is the sanctification of its members by prayer and active apostolic work in union with Mary.

Members cooperate in close union with the Holy Spirit to renew the face of the earth through a balanced program of prayer and service in evangelizing and performing works of mercy as Jesus commanded.

“The Legion of Mary presents the true face of the Catholic Church.” Pope John XXIII

# Active Membership

The two grades of membership are active and auxiliary. Active members meet weekly around an altar of Our Lady to pray the Rosary and Legion prayers, plan and discuss good works and receive spiritual formation. They then undertake two hours of works of service in union with Our Lady, as decided at the meeting.

# Auxiliary Membership

Auxiliary members pray the Rosary and the prayers of the Legion of Mary (the Tessera) for the intentions of the Blessed Mother and to support the efforts of the active members through their prayers. They are not required to attend any meetings.



**The Tessera**

The Tessera is a leaflet that contains the Prayers of the Legion and bears a reproduction of the Legion picture.

# The Works of the Legion

## Examples of the Apostolic work:

- Visiting the sick in hospitals, infirmaries, and their own homes.
- Encouraging fallen-away Catholics to return to the practice of their faith.
- Giving instructions to prospective converts.
- Distributing Catholic literature.
- Visiting Catholic families as directed by the parish priest to promote the membership in the Apostleship of Prayer and Enthronement of the Sacred Heart in the home.
- Assist those with a problem arising from excessive drink – to promote the Pioneer Total Abstinence Association of the Sacred Heart.
- Encourage the Family Rosary, the Miraculous Medal, and the Brown Scapular.
- Visiting those incarcerated.
- Contacting/assisting the street girl to a better life.
- Maintaining contact with the separated brethren including non-Christians.
- Works for the blind, the deaf and the elderly.
- Work for youth (clubs, etc.).
- Special projects at home and abroad as assigned by the parish priest.
- Promoting the practice of daily Mass and devotion to the Blessed Sacrament.

